

GenesisPlus Laser Treatment for Onychomycosis (Nail fungus) Pre & Post Care Instructions

For best results, please follow these instructions:

Before your treatment:

1. 24 hours before Please Remove any polish from every nail on both feet prior to treatment. For the most effective treatment, there must be no artificial pigment of any kind and no clear nail polish on any of your nails.
2. Shave any hair you can see or feel from every toe the evening prior to the treatment if possible.
3. Clip toe nails down the evening prior to the treatment if possible.
4. Bring open-toed shoes to your appointment. You will need to wear these from the office after treatment.

After your treatment:

1. You do not need to do any special care of your nails after the laser treatment.
2. You may resume normal activities almost immediately. However, do not put untreated shoes back on after your treatment. See below for our recommendations on treating your shoes before wearing them again after treatment has been done.
3. After the first 24 hours you will start using Formula 3 (an antifungal Med) which will be supplied to you at your first visit. You will apply to clean nails twice daily.
4. The application of anti-fungal Powder to both feet and in between toes after treatment is necessary.
5. We suggest the following to prevent re-infection:
 - i. Place antifungal powder in your shoes before wearing them again.

For additional information, please refer to our “Frequently Asked Questions” “What to Expect” and “Prevention Guidelines” documents.