



# ATLANTIC FOOT & ANKLE CENTER

William H. Simon, D.P.M.\*

Joseph V. Bava, D.P.M.\*

Michael J. Rayno, D.P.M.

\*Board Certified

Podiatric Medicine & Surgery

Reconstructive Foot Surgery  
Sports Injuries of the Foot and Ankle  
General Foot Care  
Diabetic and Arthritic Foot Care  
Joint Replacement  
Surgery of the Foot  
Nail/Skin Disorders  
Foot and Ankle Trauma

## Pre-Operative Instructions

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Hospital: \_\_\_\_\_ Time: \_\_\_\_\_

Admit / Outpatient      Anesthesia: MAC, General, Spinal

### Prior To Surgery

1. Wash foot/feet thoroughly for ten minutes each evening with anit-bacterial soap three days prior to surgery.
2. YOU MAY NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY.
3. Do not take any medication the morning of surgery unless your Doctor has given you permission to do so.
4. Please wear loose comfortable clothing to the surgery center. You will need to change into a surical gown. Leave all valuables at home.
5. Please report to Hospital / Surgery Center One Hour and Thirty Minutes ahead of surgery time unless told differently.
6. Please feel free to call our office at any time with any questions or problems. Answering service will pick up after hours.